

**Lesson Number:** 1

**Title:** Preview of a Birth

**Theme:** Life is Precious

**Sub-Theme:** Sanctity of Life

**Grades:** Grades 4-12

**Subject:** Health / Religion / Science

**Time:** 40 minutes

**Alberta Catholic Schools Learner Outcomes**

- **W-6.3.A.** The student, as a child of God, will explore the stages of human development from conception to birth. (Grade 6)

**Learning Outcomes**

- Human development
- Sex Education
- Cells / DNA
- Life begins at conception
- Sanctity of life

**Materials**

**Provided:**

- Parent consent letter
- Posters: Life is Precious /Before I Formed You in the Womb, I knew you- God
- DVD: Preview of a Birth (17 minutes)
- Student Handout- Preview of a Birth
- Fetal models
- Question box
- Bible

**Not provided:**

- T.V. / DVD player
- Photocopies of the student handout(s)

**Anticipatory Set/Motivation:**

- Begin by asking the students the following question- "When do you think you have experienced the most physical growth and change in your life?"
- Have them discuss in partners their responses to the question (but don't give them the correct answer).

**Procedure:**

1. Begin lesson with prayer
2. Introduce the students to the poster, "Life is Precious." Explain this is the overall theme for the entire kit. However, the first sub-theme we are going to learn about is the Sanctity of life (blessedness / sacredness.)
3. Tell the students that it is important for everyone to feel comfortable. This means, "be kind to one another and tender-hearted" (Eph. 4:32) so that everyone feels comfortable to ask questions. Also tell the students that if they ever feel uncomfortable, they have the right to "pass" on an answer.
4. Introduce the Question Box – tell them that at the end of each class you will give everyone a slip of paper. They will then have time to write a question relating to the lesson and what they learned in the lesson. Then in the next class you will try to answer their question. Tell them they do not need to write their name.
5. Watch the *Preview of a Birth, DVD.*



6. Ask the students what they learned from the DVD.
7. Give the students the, *Preview of a Birth* student handout to complete.
8. Tell the students they have 10 minutes to look at the pictures of the baby, to imagine what the baby is feeling or thinking in the womb and to write a quote for each baby picture.
9. After watching the video, bring out the other poster called, "Before I formed you in the womb..." and read/ discuss the following verse,  
"For it was you who formed my inward parts; you knit me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; that I know very well. My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth."  
Ps. 139:13-15
10. Show the student the fetal models. Explain to them how amazing every human is and that God didn't make a mistake when he "knit us together in [our] mother's womb. He made us and loved us from the very beginning.
11. Hand-out a slip of paper to the class for, "The Question Box."

**Closure:**

- Return to the question you posed to them in the anticipatory set and have them re-evaluate their answer. Hopefully they will conclude that the first nine months before birth has the most growth and change in a person's physical life. And re-state that life begins at conception.

**Assessments:**

- Classroom discussion
- Observation
- *Preview of a Birth* student handout

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Watch Me Grow Month By Month



Conception

Initial \_\_\_\_\_

Month 1

Initial \_\_\_\_\_

Month 2

Initial \_\_\_\_\_

Month 3

Initial \_\_\_\_\_

Month 4

Initial \_\_\_\_\_

Month 5

Initial \_\_\_\_\_

Month 6

Initial \_\_\_\_\_

Month 7

Initial \_\_\_\_\_

Month 9

Initial \_\_\_\_\_

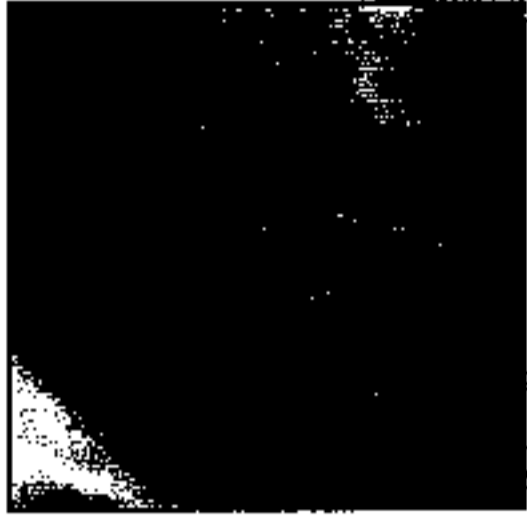
### Instructions:

1. Read over the poster you were given with your group.
2. Write one fact you learned from your poster in the correct month and initial it.
3. Be prepared to share your fact to your peers.
4. Find out 9 other facts from your peers in order to fill up your sheet.
5. You must do all the writing for your own sheet. The people you get the facts from need to initial their name beside the fact they gave you.
6. You need 10 different initials to correctly complete the game.
7. 9 minutes to complete!
8. You may begin when the music starts.
9. Winner gets a prize.

Name: \_\_\_\_\_  
Date: \_\_\_\_\_

## Pictures from the Womb!

Please write a quote to go along with the pictures!



1. "I love my mommy!" \_\_\_\_\_



6. " \_\_\_\_\_ "



2. " \_\_\_\_\_ "



7. " \_\_\_\_\_ "



3. " \_\_\_\_\_ "



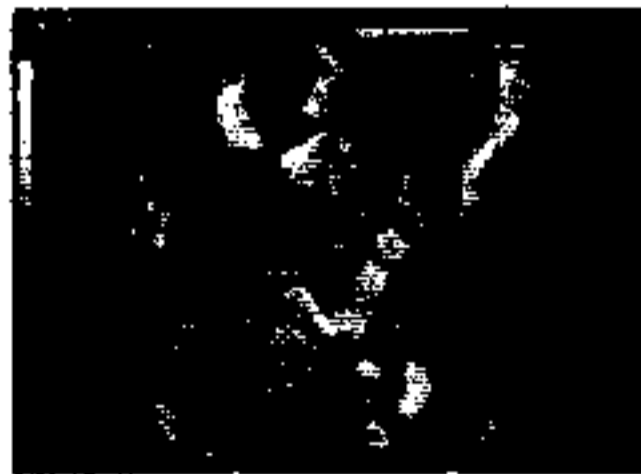
8. " \_\_\_\_\_ "



4. " \_\_\_\_\_ "



9. " \_\_\_\_\_ "



5. " \_\_\_\_\_ "



10. " \_\_\_\_\_ "

**Question Box**  
**Theme: Life is Precious**  
**Sub-Theme: Sanctity of Life**

Lesson Title: \_\_\_\_\_

What have you **learned** or **found interesting** about this lesson?

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What **question(s)** do you have about this lesson / topic?

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Name: \_\_\_\_\_ Grade: \_\_\_\_\_

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Name: \_\_\_\_\_ Grade: \_\_\_\_\_