

Title: Sex Still Has a Price Tag

Lesson Number: 6

Overall Theme: Life is Precious

Sub-Theme: Importance of Purity

Grade: 7-12

Subject: Health and Religion

Time: 2-3 hours depending on discussion

General Learner Outcome:

Religion: 9.4.3 Students will: (Grade 9)

- Explain how sexuality can help us to love
- Identify acceptable Christian expressions of love'
- Explain why sex is not the living thing to do outside of marriage
- Define charity and understand why it is a Christian virtue
- Analyze sexual issues in relation to the virtue of chastity.



Lesson Objective:

- Sex Education
- To discern what is right and good for a healthy lifestyle
- Our bodies are the temple of God
- Chastity and purity are virtues of great value
- To learn why it is important to save sex for marriage – Abstinence
- To learn about STD's and how to prevent being infected
- To learn the truth about casual sex – different then what the media presents

Materials:

Provided:

- Bible
- Fetal Models for display
- Posters for display- Life is Precious / The Future is in Our Hands / Your Sexual Exposure
- DVD Video- *Sex Still has a Price Tag*
- Student Handout/ Overhead Transparencies- DVD Key Concepts Fill in the Blanks
- Student Handout- Discussion Starters
- Student Handout- Commitment Letter to God
- Student Handout- Commitment to Chastity
- Student Handout- Letter to Future Spouse
- Prizes- From *The Importance of Purity* Prize bag
- Question Box



Not provided:

- T.V. / DVD player
- Overhead Projector
- Poster Paper
- Photocopies of the student handout(s)

Procedure:

1. Check to see that all students have their permission form signed in order to participate in the lesson.
2. Explain to the students that they need to take special care of the material because they will be used again for other classes.
3. Pray for the lesson.
4. Introduce Video by reading the back cover.
5. **Watch Video** (66 minutes total). There are two parts to the video. The first part is 40 minutes and the second part is 26 minutes. You may want to split them up due to time or watch both of them in the same day.
6. **Fill in the blanks student handout-** Hand out to the students the *Fill in the Blanks* student handout- (Pam Stenzel provided key concepts / facts from her DVD in the Teacher's Guide that are provided in the student handout.) Complete the handout with the students using your overhead transparencies. The answers are in the Teacher's Guide. You can handout prizes from *The Importance of Purity* prize bag to the students who know the answer to the fill in the blank questions.
7. **Time for discussion-** Place the students into groups of 2-4 (of the same gender) and handout the Discussions Starters Handout to the students. Pam Stenzel in her Teacher's Guide book has provided 10 different discussion starters to help.
8. Discuss with class what they thought about the video.
9. Ask the students to make a list of the **Character qualities** they are looking for in a lifetime partner on poster paper.
10. Ask the question – **“Why Would Someone like that Want YOU?”**
11. After watching the video and completing the activities, read the following scripture verses from the bible:
Gal. 5:13-26 / Phil. 4:4-9 / I Thess. 4:3-7 / I Cor. 6:14
12. Play nice calming music while the students:
 - ❖ **Write a commitment letter to God**
 - ❖ **Write a commitment letter to themselves choosing chastity**
 - ❖ **Write a card to their future spouse**(Let the student know that you will not be reading their letters unless they want you to. Therefore, encourage the students to be honest and real)
13. **Question Box Time-** give all students time to write a question for the question box. Try to answer some questions during this class time.

Closure:

- Ask people to share with a close friend what they are deciding to commit to. Ask if there are any volunteers who would like to share with the class their commitments.

Assessments:

- Observation during the discussion groups
- Fill in the blanks Student Handout

**“Sex Still Has a Price Tag”
Presenting Pam Stenzel
DVD Notes**

Key Concepts

- The decision to participate in sexual activity or to abstain from sex outside of marriage is a _____. Each person must choose for themselves – no one can choose for them. Although others may influence the choice, the choice is ultimately _____.
- Sexual activity is a _____ - we are not _____ at the mercy of our hormones and sexual urges. I am a thinking, feeling human being capable of _____, _____ and determining my course of action.
- All choices have _____ both short-term and long-term. Some good choices have short-term negative consequences but long-term positive consequences, while other choices may have short-term positive consequences with negative long-term consequences. This is especially true when it comes to choices about sex.

Having Sex Now

Short-Term

- Feels good
- Keep boy/girlfriend
- Instant gratification of physical urge
- Popularity

Long Term

-
-
-
-

Abstaining

Short-Term

-
-
-
-
-
-

Long Term

- Freedom from guilt and fear
- Self-assurance and self-respect
- Time to pursue personal goals and dreams
- Knowing the person you are dating wants YOU not just your body

- Sexual activity with multiple partners carries GREAT _____ risk. Times have definitely changed! These are not your “_____”.
- Adolescents have always struggled with “_____”, however, when it comes to teen sex, it has become increasingly impossible for any teen to have more than one partner and not get a disease.

- Sexual activity with multiple partners carries GREAT _____ risk. There is not a condom in the world that can protect your _____, your _____, your _____ and your _____.
- **Opposites might attract when it comes to _____, but opposites never attract when it comes to _____!"**
- _____ must be set _____ to even thinking about dating. Each person must set their personal boundaries, and communicate those boundaries to the people important in their lives (parent, guardian, mentor, coach, and friends). And most importantly should let any potential _____ know the boundaries at the beginning of the relationship, not 2 weeks into the relationship.
- Just because you may have made a choice to have sex in the _____, does not mean you have to continue that choice. It is _____ too late to rethink the choices that have been made and start again.
- Teens at higher risk! Most STDs occur in people under 15. Approx. 12,000 teenagers become infected with an STD _____ in the US. Teens are susceptible to STDs because their bodies are still developing physically. The younger a person is when they become sexually active, the more sexual partners they are likely to have. Multiple sexual partners are the _____ or contacting STD's.
- _____ are not effective _____ in preventing the spread of HPV and Herpes which are contracted from skin to skin contact on area not covered by a condom. Although condom usage has increased significantly over the past 20 years, so has the spread of STDS. While condom usage has increased most among teens.
- _____ are not only contracted through sexual intercourse. Any kind of sexual activity – or more clearly stated – any _____ can spread STDs from one person to another.
- _____ (The Pill, The Shot) does not provide any _____ from STDs and can increase the vulnerability of the young woman to infection.
- _____ cannot guarantee that you do _____ have an STD. Males are rarely tested for _____, especially the HPV for which males are never routinely tested. You cannot guarantee future partners will not be infected just because you have not tested positive for an STD in the past.

Notes:

Discussion Starters

- What did you learn about sex and its consequences today that you may not have known before? Do you feel you might have been one of those students who said to Pam Stenzel "Nobody Told Me?" before today?
- Can you define some of your "personal goals"? What dreams do you have for your future that are the most important to you? How would having sex, and STD or an unplanned pregnancy affect these goals and dreams?
- How would you tell your parents that you have an incurable STD, or that you are pregnant or got someone pregnant? How would they feel? Have you discussed your values and choices with your parents? Have they communicated their values and expectations with you?
- If you waited until marriage to have sex, would you also want someone else who remained abstinent as well? If not, how would you react if they gave you a STD?
- How are STD's transmitted? How do you define "sex"? How do some of your friends define sex? What is the MEDICAL definition of sex? Are you a virgin if you've had oral sex?
- Name some of the most common STDs and their long term consequences. What is the difference between a Viral STD and an STD that is bacterial?
- Why do most STDs have more severe and lasting consequences for women? How does this effect decisions and pressures when it comes to sex?
- If you were to find out an STD has made you or your future spouse sterile (unable to have children), how would that make you feel? Is being a parent an important part of your life goals? What boundaries have you set for "how far is too far" and have you or could you communicate those boundaries with the person you are dating?
- Do you think teenagers are truly honest with partners about past experience sexually? Do you expect your future mate to be honest about their past? Are you prepared to be completely honest about yours? Does knowing you will have to tell that person about your experience help you think through your boundaries?
- Do you think that people establish patterns for their sexual behavior during the dating years? If someone has had a lot of different partners, can they truly be trusted to be faithful in a marriage relationship? How would you know if someone had truly "changed" their behavior?

Lined writing area with 20 horizontal lines.

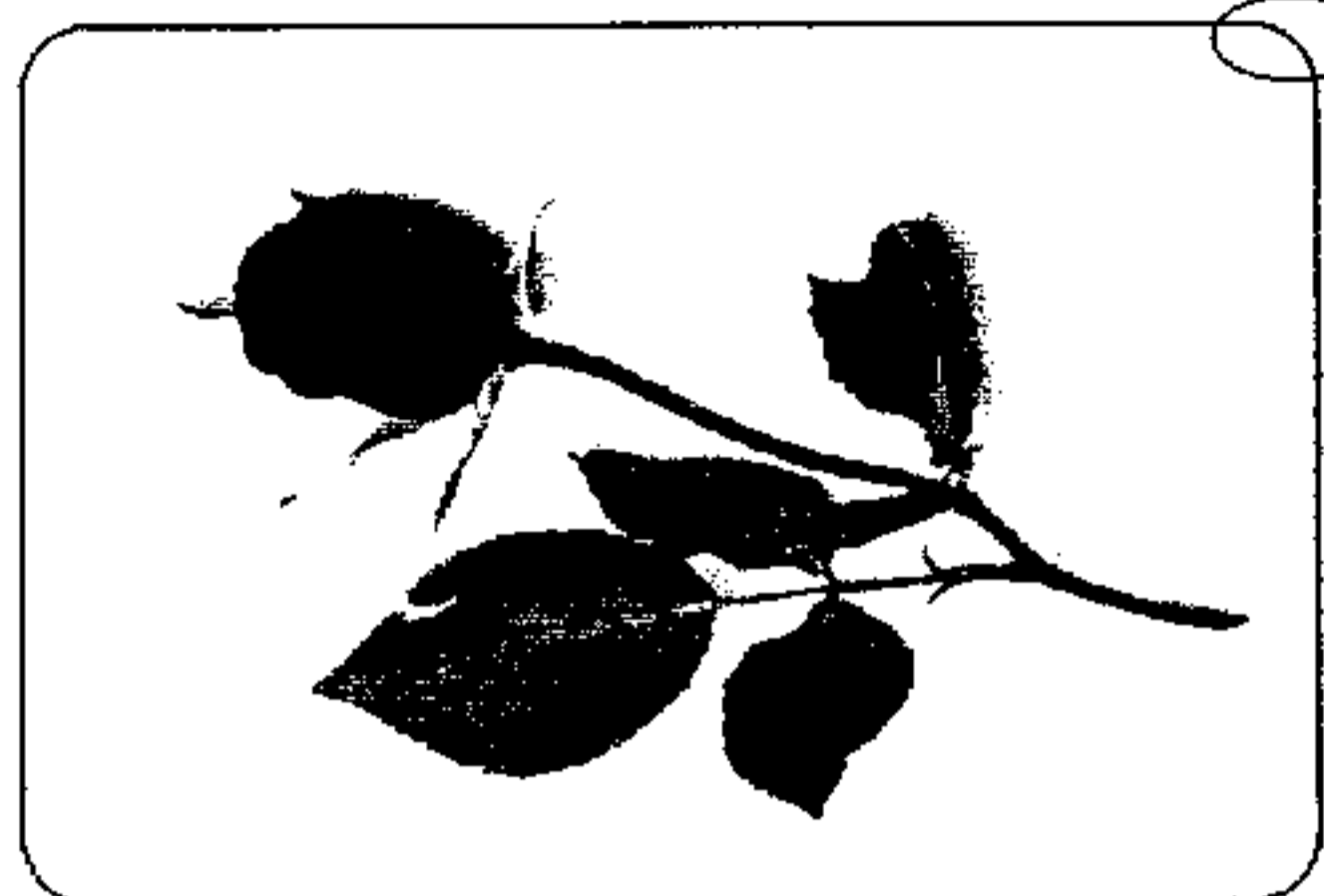
Sincerely, _____

*And you shall love
the Lord your God
with all your heart and
with all your mind and
with all your strength
with all your might
and with all your intellect
and with all your heart
and with all your mind
and with all your strength
and with all your might
and with all your intellect
and with all your heart
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and with all your might
and with all your intellect*

Lined writing area with 20 horizontal lines.

Sincerely, _____

Just a note to say...



I love you!

Question Box
Theme: Life is Precious
Sub-Theme: The Importance of Purity

Lesson Title: _____

What have you **learned** or **found interesting** about this lesson?

What **question(s)** do you have about this lesson / topic?

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