

**Title:** BELLA - One Moment Can Change Your Life Forever

**Lesson Number:** 8

**Theme:** Life is Precious

**Sub-Theme:** Pro-Life verses Pro-Choice Issues

**Grades:** 7 to 12

**Subject:** Health / Religion / English

**Time:** Movie 91 min. / Interview 30 min. / Lesson 60 min.

**Alberta Catholic Schools Learner Outcome:**

W-9.13A The student will explore our Catholic teaching that human life must be respected and protected from the moment of conception. (Grade 9)

**Lesson Objective: (Depends on Grade Level and Subject)**

- To learn how to be a good friend and a good witness.
- To learn how to stand up for what you believe in.

**Materials:**

Provided:

- DVD Movie - *Bella* (91 minutes)
- Student handout- *Bella: One moment can change your life forever*
- Posters - *Life is Precious* / *The Future is in Our Hands* / *Every Fourth Baby dies from abortion*
- Fetal Models- for display
- Bible

Not provided:

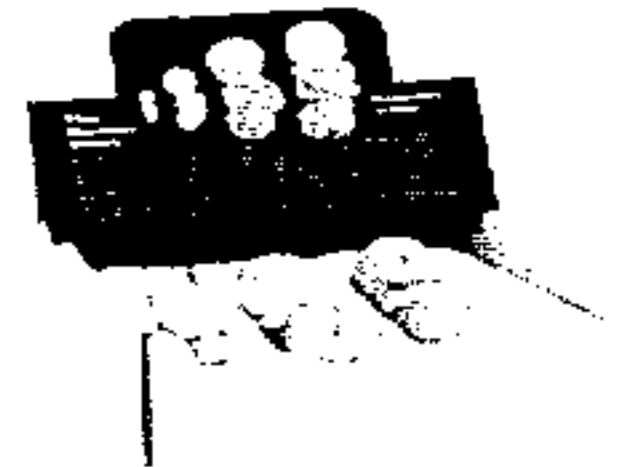
- T.V. and DVD player
- Photocopies of student handout(s)



*Life is Precious*



The Future  
is in  
Our Hands



Every  
Fourth  
Baby  
Dies  
from  
Abortion



**Anticipatory Set/ Motivation:**

- Have the students discuss the following questions as a class / in groups or in partners.
  - What qualities does a good friend have?
  - What qualities does a good witness have?

**Procedure:**

1. Check to see that all students have their permission form signed in order to participate in the lesson.
2. Explain to the students that they need to take special care of the material because they will be used again with other classes.
3. Pray for the lesson.
4. Tell the students that you are going to watch the movie, "Bella- One Moment Can Change Your Life Forever." Read the back cover of the DVD to the students and then watch the movie.
5. Have the students discuss the following questions in groups. You can either chose to stop the movie and have discussion time during the movie or wait until the movie is over to discuss the following questions:

**Movie Review Questions:**

- What personal characteristics does Jose depict in the movie?

- How did Jose treat Nina? How did Manny treat Nina?
- How did Jose's accident change his life?
- Why do you think Jose didn't want Nina to have an abortion?
- What were some of the phrases Nina used to describe the "living thing" growing inside her and what she was planning on doing with the baby?
- What were some of the questions that Jose posed to Nina about her baby? (Ex. Have you thought about adoption?)
- What were some of Nina's reasons for not wanting to have the baby?
- What do you think would have happened to Nina if Jose didn't leave his job for the day to be with her? How would their lives be changed.
- How is the title, "One Moment Can Change Your Life Forever" true for the movie and for all the decisions we make in life?
- Have you ever encountered a time when you had to confront a friend about something they were doing that was wrong? Has a friend ever had to confront you about something you were doing wrong? How did it make you feel? Explain.

**Personal Questions-** (Have the students answer the following questions individually in a journal format.)

- Are you more like Jose or Manny in your relationships with people you know or don't know?
- How can you be more like Jose with your family, friends or strangers?
- How can you be a better witness to others about the faith you have in Christ?
- How can you stand up for what you believe in?
- Reflect on the poster, "The Future is in Our Hands." What does this poster mean to you?

**Extension-** Watch the 30 minute interview of Eduardo Verastegui. Discuss with the class how he made a decision to only act in movies that had a positive message.

### **Closure:**

- Talk to the students about the Posters, *The Future is in Your Hands* and *Every Fourth Baby Dies from Abortion*. Ask the students what this poster means to them.
- Give time for the students to write out questions for the question box.
- Close with the following verses,  
 -1 Peter 3:8 (New International Version)  
 Finally, all of you, live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble.  
 -1 Peter 3:15 (New International Version)  
 But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect...

### **Assessments:**

- Discussion questions
- Journal responses

# *Bella*

## *One Moment Can Change Your Life Forever*



**In groups discuss the following questions:**

### **Movie Review Questions:**

- What personal characteristics does Jose depict in the movie?
- How did Jose treat Nina? How did Manny treat Nina?
- How did Jose's accident change his life?
- Why do you think Jose didn't want Nina to have an abortion?
- What were some of the phrases Nina used to describe the "living thing" growing inside her and what she was planning on doing with the baby?
- What were some of the questions that Jose posed to Nina about her baby? (Ex. Have you thought about adoption?)
- What were some of Nina's reasons for not wanting to have the baby?
- What do you think would have happened to Nina if Jose didn't leave his job for the day to be with her?
- How is the title, "One Moment Can Change Your Life Forever" true for the movie and for all the decisions we make in life?
- Have you ever encountered a time when you had to confront a friend about something they were doing that was wrong? Has a friend ever had to confront you about something you were doing wrong? How did it make you feel? Explain.

**In your journal, answer the following questions:**

### **Personal Questions-**

- Are you more like Jose or Manny in your relationships with people you know or don't know?
- How can you be more like Jose with your family, friends or strangers?
- How can you be a better witness to others about the faith you have in Christ?
- How can you stand up for what you believe in?
- Reflect on the poster, "The Future is in Our Hands." What does this poster mean to you?

**Question Box**  
**Theme: Life is Precious**  
**Sub-Theme: Pro-Life verses Pro-Choice Issues**

Lesson Title: \_\_\_\_\_

What have you **learned** or **found interesting** about this lesson?

---

---

---

---

What **question(s)** do you have about this lesson / topic?

---

---

---

---

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

**Question Box**  
**Theme: Life is Precious**  
**Sub-Theme: Pro-Life verses Pro-Choice Issues**

Lesson Title: \_\_\_\_\_

What have you **learned** or **found interesting** about this lesson?

---

---

---

---

What **question(s)** do you have about this lesson / topic?

---

---

---

---

Name: \_\_\_\_\_ Grade: \_\_\_\_\_